

英 語

I 注 意 事 項

1. 試験開始の合図があるまで、この問題冊子を開いてはいけません。
2. この問題冊子は18ページあります。試験開始後に問題冊子の印刷不鮮明、ページの落丁・乱丁及び解答用紙の汚れ等に気づいた場合は、手を高く挙げて監督者に知らせなさい。
3. 監督者の指示にしたがって、英語解答用紙の下記の該当欄にそれぞれ正しく記入し、マークしなさい。
 - ① 受験番号欄 受験番号を5ケタで記入し、さらにその下のマーク欄に該当する5ケタをマークしなさい。

(例) 受験番号 10025 番 →

1	0	0	2	5
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 と記入。
 - ② 氏名欄 氏名・フリガナを記入しなさい。
4. 受験番号が正しくマークされていない場合または正しく記入されていない場合は、採点できないことがあります。
5. 問題冊子の余白等は適宜利用してよいが、どのページも切り離してはいけません。
6. 試験終了後、問題冊子および解答用紙を机上に置き、試験監督者の指示に従いなさい。

裏表紙に、英語解答用紙にマークする上での注意が続きます。この問題冊子を裏返して必ず読みなさい。ただし、問題冊子を開いてはいけません。

第1問 次のa～hの各英文の空欄 ～ に入れるのに最も適当なものを、それぞれ下の①～⑤のうちから一つずつ選べ。

a. Older people are particularly vulnerable to the hazards of to unhealthy air.

- ① exhibition ② experiment ③ exposure
④ involvement ⑤ revelation

b. Unless there is a change, things are likely to get worse rather than better.

- ① casual ② dense ③ drastic
④ dull ⑤ pressing

c. The brothers are in appearance and character.

- ① anxious ② committed ③ elementary
④ identical ⑤ intended

d. He didn't let his complicated family affect his future.

- ① background ② context ③ function
④ profile ⑤ region

e. The company is facing serious from its online rivals.

- ① collaboration ② competition ③ inspiration
④ negotiation ⑤ partnership

f. Why don't we talk about the plan lunch?

- ① in ② of ③ on
④ over ⑤ with

g. Sudden changes in sleep patterns can both mental and physical health.

- ① conflict ② demand ③ disappear
④ disturb ⑤ withdraw

h. The scientist explained that the discovery should go to her research assistants.

- ① credit for ② denial for ③ evidence for
④ permission for ⑤ reason for

第2問 次のa～eの各英文の空欄を、それぞれ下の①～⑥の語または語句で埋めて最適な英文にすると、 ～ に入る語を選べ。なお、文頭にくるべき語も小文字で示してある。

a. _____ _____ _____ to pursue their _____.

- ① allow ② dreams ③ equal
④ everyone ⑤ opportunities ⑥ would

b. A loud _____ regarding _____ in the library _____
.

- ① attention ② came ③ complaint
④ my ⑤ noise ⑥ to

c. _____ _____ _____, many people had to get to work using alternative means of transportation.

- ① bus ② drivers ③ on
④ strike ⑤ the ⑥ with

d. _____ _____ _____ caused floods in the town.

- ① heavy ② last ③ rains
④ saw ⑤ which ⑥ year

e. Many people fail to live up to their potential, but just _____
 _____ beyond it.

- ① as ② go ③ many
④ push ⑤ themselves ⑥ to

第3問 次の文章を読み、下記の問いa～cに答えよ。

注：recluse：世捨て人 / unquenchable：抑えられない

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(814 words) (*Mainichi English*, August 15, 2023 一部改変)

a. 空欄Aに入れるのに最も適切なものを一つ選べ。

- ① control
- ② comprise
- ③ omit
- ④ underestimate

空欄Bに入れるのに最も適切なものを一つ選べ。

- ① apparent
- ② concealed
- ③ doubtful
- ④ suspicious

21

空欄Cに入れるのに最も適切なものを一つ選べ。

- ① lacked
- ② owned
- ③ supplied
- ④ surpassed

22

空欄Dに入れるのに最も適切なものを一つ選べ。

- ① Amid
- ② Besides
- ③ Beyond
- ④ Outside

23

空欄Eに入れるのに最も適切なものを一つ選べ。

- ① abundantly
- ② barely
- ③ easily
- ④ significantly

b. 本文中の(ア)(イ)に入る最も適当な語を、それぞれ下の①～⑧の中から1つずつ選べ。

(ア) (イ)

- ① about
- ② around
- ③ for
- ④ in
- ⑤ on
- ⑥ out
- ⑦ over
- ⑧ until

c. 次の文の下線部に入れるのに最も適切なものを①～④のうちから一つ選べ。

In this article, *hikikomori* refers to individuals who _____.

- ① are mainly housewives or domestic helpers who stay home voluntarily, without significant social or emotional isolation.
- ② are temporarily unemployed, where the limited social activities result mainly from financial or work-related circumstances rather than personal isolation
- ③ limit their engagement with work but maintain regular contact with family or coworkers
- ④ seldom leave their home except for hobbies, or remain out of formal employment for six months or more

27 次の文の下線部に入れるのに最も適切なものを①～④のうちから一つ選べ。

The woman's early aspiration to work in an office stemmed from _____.

- ① believing that office work would provide prestige from financial success and enhance her family's social status
- ② being brought up in a household where the family managed a business, which led her to have hopes of experiencing life as an employee of a company
- ③ following her counsellor's suggestion that office work could help her cope with social isolation
- ④ having grown up in a household with a family enterprise, which led her to pursue office work primarily to achieve independence from her household responsibilities

28 次の文の下線部に入れるのに最も適切なものを①～④のうちから一つ選べ。

After leaving her initial IT job, the woman's role as an IT skills instructor was challenging because _____.

- ① administrative tasks took time away from teaching, causing her to be isolated from other colleagues
- ② students constantly complained of the poorly equipped classrooms which were funded by the government
- ③ the company operated unethically, and many employees were unhappy
- ④ the students demonstrated low enthusiasm and complained repeatedly

- ① According to Ryoko Ishikawa, support of *hikikomori* should go beyond helping someone find a job.
- ② The increase in female *hikikomori* is attributed solely to women choosing to avoid traditional family roles.
- ③ Studies reveal a rising presence of women among *hikikomori* in Japan, in both younger and middle-aged populations.
- ④ The primary purpose of group discussions for female *hikikomori* is to let participants engage with peers, help them feel less isolated, and ease social and emotional challenges.

第4問 次の文章を読み、下記の問いa～cに答えよ。

注：legume：(食材としての)マメ / cohort：群

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841 words (*News Medical Life Sciences*, August 11, 2025, 一部改変)

a. 本文中の内容と合っているものを、下に示した①～⑫の中から四つ選べ。

- ① Mashed potatoes, fried potatoes, and baked potatoes are all expected to contain the same amount of nutrients.
- ② All studies performed to date have confirmed that there is a positive correlation between eating potatoes and type 2 diabetes.
- ③ Eating whole grains instead of boiled, mashed, or baked potatoes reduced the incidence of T2D by more than 8%.
- ④ In the study reported in the *British Medical Journal*, all individuals analyzed were nurses, and they were older than 20 years of age.
- ⑤ In the study reported in the *British Medical Journal*, the data of all subjects who did not provide information about how old they are were not used, and furthermore, only data from men were included.
- ⑥ Although they contain many important substances, including potassium and magnesium, potatoes are rarely eaten by people.
- ⑦ The data of individuals taken 12 to 20 years before they were diagnosed as having type 2 diabetes appeared to show the clearest association between this disease and their total consumption of potatoes.
- ⑧ The people in this study generally ate French fries more often than other types of potatoes, including mashed potatoes and boiled potatoes.

B.

39

Which of the following study subjects were not included in the current study?

- ① Nurses in the NHS, NHSII, and HPFS cohorts.
- ② Nurses who refused to answer the questionnaire.
- ③ Nurses with type 2 diabetes.
- ④ Nurses in their thirties.

C.

40

Which of the following is not true about potatoes?

- ① Some studies have indicated that there is an association between potato consumption and T2D.
- ② Some studies have shown that potato consumption is linked to metabolic diseases because potatoes lack fiber.
- ③ Potatoes contain a lot of starch, which is a type of carbohydrate.
- ④ Potatoes can be cooked in various ways, including frying, mashing, and baking.

D.

41

Which of the following is not a result of this study?

- ① People who ate five or more servings of French fries a week had an almost 30% increased risk of T2D compared with people who hardly ever ate any French fries.
- ② The risk of developing T2D doubled upon an increase of three servings weekly of total potatoes.
- ③ Substituting three servings of total potatoes every week with whole grains resulted in a more than 5% lower T2D rate.
- ④ The risk of developing T2D depends on the way that the potatoes are cooked, as well as various other factors.

E.

42

Which of the following did not reduce the risk of T2D in this study?

- ① Replacing all potatoes with non-starchy vegetables.
- ② Replacing French fries with refined grains.
- ③ Replacing baked potatoes with whole grains.
- ④ Replacing mashed potatoes with white rice.

II 英語解答用紙にマークする上での注意

1. 受験番号が正しくマークされていない場合は、採点できないことがあります。
2. 解答は、解答用紙の解答欄に、黒鉛筆(H・F・HBに限る)で正確にマークしなさい。


例えば

30

 と表示された問題の正答として④を選んだ場合は、次の(例)のように解答番号30の解答欄の④を濃く完全にマークしなさい。薄いもの、不完全なものは解答したことにはなりません。

(例)

解答 番号	解 答 欄									
30	①	②	③	●	⑤	⑥	⑦	⑧	⑨	⑩

3. 解答を修正する場合は必ず「消しゴム」であとが残らないように完全に消しなさい。鉛筆の色や消しくずが残ったり、のような消し方などをした場合は、修正したことになりません。